



Managing high blood pressure...

Just got easy

Help that's as unique as you.

Your blood pressure is affected by many factors.

Omada helps find the path that works for you.

What you get with Omada:

A \$1,400 value - at no cost to you.



YOUR PERSONAL HEALTH COACH

Just a click away and ready to help.



SMART DEVICES INCLUDED

A blood pressure monitor and scale (if needed), connected to your account.



YOUR HYPERTENSION SPECIALIST

A certified specialist to guide your steps.



ONGOING EMOTIONAL SUPPORT

Tools and resources to ensure your mindset is healthy, too.

JOIN TODAY FOR \$0 AT omadahealth.com/strongtie



for the Omada program offered by Simpson Strong-Tie,

membership is covered by your health plan or employer. This includes a connected blood pressure monitor

and/or wireless smart scale!