

## Omada<sup>®</sup> for Hypertension | Simpson Strong-Tie

Learn ways to lower and manage your blood pressure outside of just medication, with dedicated support.

A program value up to \$1,400—at no cost to you.

### What you will get with Omada:


- ✓ Dedicated health coach and clinical specialist
- ✓ Smart devices like a blood pressure monitor and scale\*
- ✓ Personalized care plan
- ✓ Interactive weekly lessons
- ✓ Ongoing emotional support



High blood pressure

Learn more:

[omadahealth.com/strongtie](https://omadahealth.com/strongtie)



Join today  
for \$0 per  
month

\*Certain connected devices and features provided as a part of an Omada program are only available to members in the applicable program who meet program and clinical eligibility requirements.